



SOCIAL IMPACT TOPICS 2

FOR DISCUSSION



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Bullying



Bullying by definition is “to seek harm, intimidate, or coerce (someone perceived as vulnerable).” This means that someone is looking to physically or mentally hurt, scare, or threaten and manipulate another person that they see as inferior to them. Bullying can impact victims by having long-term effects such as causing panic attacks, sleepless nights, and physical sicknesses like headaches and stomach-aches.



AT HOME AND AROUND THE WORLD

AT HOME

In Canada, 47% of parents have reported that they have a child that is a victim of bullying

In the US, 1 in 5 kids ages from 12-18 have experienced at least 1 form of bullying.

AROUND THE WORLD

1 in 3 students around the world experience bullying at least once a month.

61% of teenagers reported that they were getting bullied purely based on their appearance.

<https://www.cbc.ca/news/opinion/opinion-bullying-rob-benn-frenette-1.5335031>
<https://www.liahonaacademy.com/2019-shocking-statistics-on-bullying.html>
<https://www.globalcitizen.org/en/content/bullying-school-violence-unesco-report/>
<https://firstsiteguide.com/cyberbullying-stats/>



How can you help someone who is being bullied?



What can you do to make the environment where the bullying is happening more positive?



What can you do if you are experiencing bullying?




WHAT ARE OTHERS DOING?



<https://www.youtube.com/watch?v=TOyygXMkWGQ>

Autism



Autism is pretty common in today's societies, and can affect anybody. By definition, autism is "a developmental disorder of variable severity that is characterized by difficulty in social interaction and communication and by restricted or repetitive patterns of thought and behaviour." There are numerous severities on the autism spectrum, and people you may know could've been diagnosed with autism without you being aware due to them having a low severity.



AT HOME AND AROUND THE WORLD

AT HOME

1 - 2% of the Canadian population is autistic.

222 per 10,000 children in the US had a form of autism on the spectrum.

AROUND THE WORLD

Hong Kong has one of the highest autism rates in the world, with 372 per 10,000 kids having a form of autism on the spectrum.

Autism rates have gone up 10% in 2020.

<https://www.autismontario.com/about-autism>

<https://www.statista.com/statistics/676354/autism-rate-among-children-select-countries-worldwide/>

<https://www.jhsph.edu/news/news-releases/2020/us-autism-rates-up-10-percent-in-new-cdc-report.html>



 **WE**
BELIEVE
SAINT JOHN

LET'S TALK!



Do you personally know anyone that has autism?



What can you do to educate yourself more on autism?



How can you bring more awareness to the topic?



WHAT ARE OTHERS DOING?



<https://www.youtube.com/watch?v=peKz-IMc3Ag>

Drug Use



Drug use is any drug being misused to make people become intoxicated and make them develop long-lasting effects on their brain. Drug use is the improper use of prescription drugs, an unhealthy use of alcohol or tobacco, or the use of illegal drugs. It is classified as a mental illness, and a complex brain disorder, because people can become highly addicted and can become depended on their use of drugs.



AT HOME AND AROUND THE WORLD

AT HOME

About 21% of the Canadian population will meet the criteria of addiction in their life.

About 21 million Americans have at least one addiction, and only about 10% will receive proper treatment.

AROUND THE WORLD

Around 269 million people used drugs worldwide in 2018, which is a 30% increase since 2009.

Over 350,000 people die from overdoses every year.

<https://www.statista.com/topics/4533/drug-use-in-canada/>
<https://www.addictioncenter.com/addiction/addiction-statistics/>
<https://ourworldindata.org/drug-use>

LET'S TALK!



How can you help someone with excessive and dangerous drug use?



What are some solutions to helping someone stop their drug use?



What are some reasons someone might start excessively using drugs?



WHAT ARE OTHERS DOING?



<https://www.youtube.com/watch?v=0hPhkdZlm9Y&t=4s>

Body-Focused Repetitive Behaviours



Body-focused repetitive behaviours (also known as BFRB's) is a general term for disorders that include people giving themselves physical damage. These behaviours include hair pulling, nail biting, skin picking, cheek biting, and biting of the tongue. People with these behaviours repeatedly pick, bite or pull at themselves which could lead to long term physical differences, and can make people with these behaviours start to feel embarrassed or self-conscious.



AT HOME AND AROUND THE WORLD

AT HOME

In Canada, BFRB's affect 2-5% of the population.

In the US, about 5 to 10 million people have trichotillomania (hair pulling) disorder, ranging from more severe to milder cases.

AROUND THE WORLD

Around the world, 20-13% of the population bites their nails.

1 to 2 percent of people globally have trichotillomania.

<https://www.sciencedirect.com/science/article/pii/S235264752030143X>

<https://www.apa.org/monitor/apr03/practice>

<http://www.canadianbfrb.org/learn/faq/>



? How can you help bring more awareness to this topic?

? Do you know anyone with a body-focused repetitive behaviour?

? What can you do to help someone with a body-focused repetitive behaviour?



WHAT ARE OTHERS DOING?



<https://www.youtube.com/watch?v=4zE3JAdmsFc>

WHAT CAN I DO?



VOLUNTEERING

Volunteering can make a huge impact in your community or any community in the world by giving up your free time to help out. Some non-profits that are always looking for volunteers include animal shelters, food banks, and homeless shelters, hospitals, nursing homes, & your local schools.

What are some other examples can you think of?





THANK YOU

FOR MAKING THIS MATERIAL POSSIBLE

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JULY 2021