

SOCIAL **IMPACT** TOPICS 2

FOR DISCUSSION



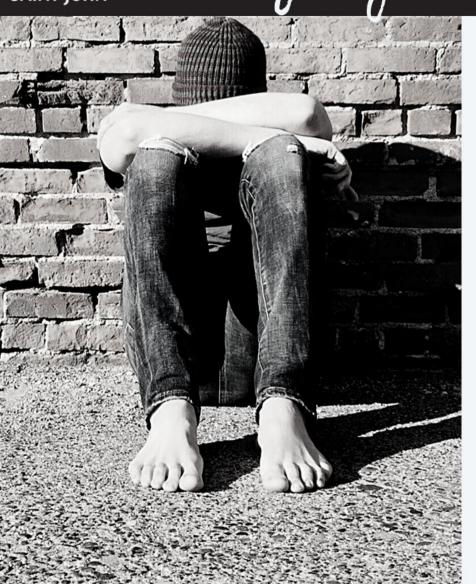
WE BELIEVE CONTENTS

- 1) Bullying
- 2) Autism
- 3) Drug Use
- 4) Body Focused

Repetitive Behaviours







Bullying by definition is "to seek harm, intimidate, or coerce (someone perceived as vulnerable)." This means that someone is looking to physically or mentally hurt, scare, or threaten and manipulate another person that they see as inferior to them. Bullying can impact victims by having long-term effects such as causing panic attacks, sleepless nights, and physical sicknesses like headaches and stomach-aches.



AT HOME

AROUND THE WORLD

In Canada, 47% of parents have reported that they have a child that is a victim of bullying

1 in 3 students around the world experience bullying at least once a month.

In the US, 1 in 5 kids ages from 12-18 have experienced at least 1 form of bullying.

61% of teenagers reported that they were getting bullied purely based on their appearance.

https://www.cbc.ca/news/opinion/opinion-bullying-rob-benn-frenette-1.5335031 https://www.liahonaacademy.com/2019-shocking-statistics-on-bullying.html https://www.globalcitizen.org/en/content/bullying-school-violence-unesco-report/ https://firstsiteguide.com/cyberbullying-stats/



How can you help someone who is being bullied?

What can you do to make the environment where the bullying is happening more positive?

What can you do if you are experiencing bullying?





https://www.youtube.com/watch?v=TOyygXMkWGQ

WE BELIEVE ANTIGM



Autism is pretty common in today's societies, and can effect anybody. By definition, autism is "a developmental disorder of variable severity that is characterized by difficulty in social interaction and communication and by restricted or repetitive patterns of thought and behaviour." There are numerous severities on the autism spectrum, and people you may know could've been diagnosed with autism without you being aware due to them having a low severity.



AT HOME

AROUND THE WORLD

1 - 2% of the Canadian population is autistic.

Hong Kong has one of the highest autism rates in the world, with 372 per 10,000 kids having a form of autism on the spectrum.

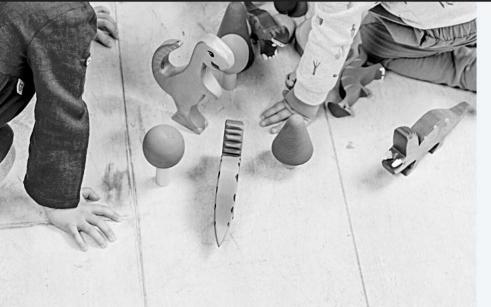
222 per 10,000 children in the US had a form of autism on the spectrum.

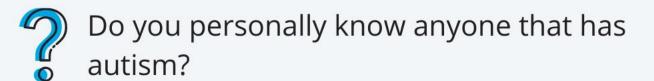
Autism rates have gone up 10% in 2020.

https://www.autismontario.com/about-autism

https://www.statista.com/statistics/676354/autism-rate-among-children-select-countries-worldwide/https://www.jhsph.edu/news/news-releases/2020/us-autism-rates-up-10-percent-in-new-cdc-report.html







What can you do to educate yourself more on autism?

How can you bring more awareness to the topic?



WE WHAT ARE OTHERS DOING?



https://www.youtube.com/watch?v=peKz-IMc3Ag





Drug use is any drug being misused to make people become intoxicated and make them develop long-lasting effects on their brain. Drug use is the improper use of prescription drugs, an unhealthy use of alcohol or tobacco, or the use of illegal drugs. It is classified as a mental illness, and a complex brain disorder, because people can become highly addicted and can become depended on their use of drugs.



AT HOME

AROUND THE WORLD

About 21% of the Canadian population will meet the criteria of addiction in their life.

Around 269 million people used drugs worldwide in 2018, which is a 30% increase since 2009.

About 21 million Americans have at least one addiction, and only about 10% will receive proper treatment.

Over 350,000 people die from overdoses every year.

https://www.statista.com/topics/4533/drug-use-in-canada/https://www.addictioncenter.com/addiction/addiction-statistics/https://ourworldindata.org/drug-use



How can you help someone with excessive and dangerous drug use?

What are some solutions to helping someone stop their drug use?

What are some reasons someone might start excessively using drugs?





https://www.youtube.com/watch?v=0hPhkdZlm9Y&t=4s





Body-focused repetitive behaviours (also known as BFRB's) is a general term for disorders that include people giving themselves physical damage. These behaviours include hair pulling, nail biting, skin picking, cheek biting, and biting of the tongue. People with these behaviours repeatedly pick, bite or pull at themselves which could lead to long term physical differences, and can make people with these behaviours start to feel embarrassed or self-conscious.



AT HOME

AROUND THE WORLD

In Canada, BFRB's affect 2-5% of the population.

Around the world, 20-13% of the population bites their nails.

In the US, about 5 to 10 million people have trichotillomania (hair pulling) disorder, ranging from more severe to milder cases.

1 to 2 percent of people globally have trichotillomania.

https://www.sciencedirect.com/science/article/pii/S235264752030143X https://www.apa.org/monitor/apr03/practice http://www.canadianbfrb.org/learn/faq/



How can you help bring more awareness to this topic?

Do you know anyone with a body-focused repetitive behaviour?

What can you do to help someone with a body-focused repetitive behaviour?







WHAT CAN I DO? VOLUNTEERING

Volunteering can make a huge impact in your community or any community in the world by giving up your free time to help out. Some non-profits that are always looking for volunteers include animal shelters, food banks, and homeless shelters, hospitals, nursing homes, & your local schools.

What are some other examples can you think of?





THANK YOU

FOR MAKING THIS MATERIAL POSSIBLE

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